



**Have you been paying into the coupon book for your child's trip to Canberra?**  
Small weekly payments are the most painless way to get it out of the way!

# Hargraves Public School



10th August 2012  
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## Bon Voyage Mrs Rae!

Mrs Rae will be taking long service leave for five weeks commencing on Monday 13th August and jetting off to England to visit her son Andrew. Have a wonderful time!  
Mrs Unicomb will be assuming the duties of Principal while Mrs Rae is away—please direct all enquiries to her.



## Go Go Golf

The children had a fantastic day on Tuesday when Sharon Nott from Jack Newton Junior Golf Foundation paid a visit to school.  
The children were instructed in driving and putting skills, golf rules and etiquette. Golf Pro Robbie Condren was the winner of the putting competition.  
Golf is the sport for Active After Schools this term.



## Zone Athletics Carnival

Last Friday our school was represented at the Zone Carnival by Tyler Miller, Siobhan Bastow, Francesca Dollin, Grace Angel, Cody Lawson, Hamish Adlington, Liam O'Brien, Rhees Hancock, Makayla Vella, Brad Cockerell and Bridget O'Brien. All the children are to be congratulated on their behaviour and sportsmanship on the day.  
Cody Lawson has qualified to compete at the Western Region Carnival in 100 m, 200 m and 800 m. Hamish Adlington will compete in the 200 m. The relay team of Cody Lawson, Hamish Adlington, Liam O'Brien and Rhees Hancock will compete in the PP5 relay. The carnival will take place on Friday 31st August at Barden Park, Fitzroy Street, Dubbo.



## CWA International Day

On Wednesday the whole school enjoyed the hospitality of the Grattai Branch of the CWA at their International Day.  
This year's country of study is Timor Leste. The children presented a digital research project comparing the differences between Australia and Timor Leste and entertained the audience with choral and recorder recitals.  
The children, staff and attending parents were treated to a lovely Timorese inspired lunch prepared by the ladies.



Term 3 Dates	
Monday 13th August	Mrs Rae on Long Service Leave- returns Monday 17th September Mrs Jill Firth will be on Mrs Rae's class
Tuesday to Thursday 14th, 15th, 16th August	Miss Wakely at State Touch Championships
Friday 17th August	Canteen
Monday 20th August	Year 6 testing at Mudgee High School
Tuesday 21st August	P & c Meeting at school 2.30 pm
Wednesday 22nd August	Book Week Dressing Up Day
Tuesday 28th August	Festival of Instrumental Music at Sydney Opera House
Friday 31st August	Western Region Athletics Carnival at Dubbo
Wednesday 5th September	No Galloping Gumnuts session
Thursday 6th September	Green Day at AREC for Year 5 and 6 at Mudgee
Saturday 8th September	Local Government elections
Friday 21st September	Jump Rope for Heart Day Last day of Term 3
Monday 8th October	First day of Term 4 for ALL children

### Student of the Week



**Brad Cockerell**  
For always putting his best foot forward

Jasper Peppernell-Baks  
For always trying hard in everything



**Bronte O'Brien**  
For a wonderful effort and attitude in class



More scenes from the CWA International Day



### Book Week Celebrations—Wednesday 22nd August

We are asking all children to come dressed as a character from a favourite book. Please don't stress over this or go to a lot of trouble to dress your child. Dressing up can be as simple as wearing a hat, a pair of glasses, a funny wig, a football jumper, flannelette shirt and boots.

### Barnardos Family Strengthening Project - Triple P Positive Parenting Program

#### Dealing with demanding behaviours.

Children's demanding behaviour can be an irritating source of great frustration for parents.

If your child often refuses to take 'no' for an answer, the child and the parent, may be caught in the escalation trap.

Here's how it works. The child asks you for something such as a biscuit or lolly just before dinner. If you say 'no', some children learn to turn up the volume and become louder and more insistent.

This is where the trap comes in. Some parents find it hard to resist a child's demands and may say things like 'just this once' or 'have it but stop that noise'. This is accidentally rewarding your child for increasing the demand.

Your child will quickly learn 'no' doesn't really mean 'no', it means 'try harder, yell louder and then you will get what you want', so if you say 'no', be prepared to stick to your guns. However, let your child know why and what they can do instead. If children grow up not learning how to accept a little bad news from time to time, they can become self-centred and difficult to live with when they are older.

For more information on the Triple P program go to [www.triplep.net](http://www.triplep.net) or phone Leza at Barnardos Mudgee on 63721422.